



Caring for Your New Dental Crown

- Mild sensitivity or discomfort is normal after crown placement.
- Avoid chewing on hard or sticky foods (ice, candy, nuts) for at least 24 hours.
- Brush and floss gently around the crowned tooth to keep the area clean.
- Temporary crowns require extra care—avoid flossing under them unless advised.

What to Expect

- The crown may feel slightly different at first but should feel natural within a few days.
- Minor soreness along the gumline is normal and should subside.
- Contact us if your bite feels uneven or if you experience persistent pain.

Prolonging the Life of Your Crown

- Maintain good oral hygiene—brush twice a day and floss daily.
- Visit your dentist for regular check-ups and cleanings.
- Wear a nightguard if you grind your teeth at night (recommended).
- Avoid using your teeth to open packages or bite hard objects.

When to Call Us

- If your crown feels loose or comes off.
- If you have lingering pain, swelling, or discomfort.
- If you notice damage or cracks on your crown.

Thank you for trusting Huwaran Dental Clinic — your smile is in good hands!  