



Huwaran Dental Clinic

Desensitization Aftercare Guide

What to Expect After Your Treatment

- You may feel mild tooth sensitivity for a few days after the procedure.
- The treated area might feel slightly different but should gradually improve.
- Desensitization treatments help reduce discomfort but may need to be repeated for long-lasting results.

Post-Treatment Care Tips

- ✓ Avoid very hot, cold, or acidic foods and drinks for at least 24 hours.
- ✓ Use a soft-bristled toothbrush and fluoride toothpaste.
- ✓ Do not brush aggressively to avoid irritating the treated area.
- ✓ Refrain from whitening products or abrasive toothpaste unless recommended.
- ✓ Continue using any desensitizing toothpaste provided by your dentist.

When to Contact Us

- If sensitivity worsens or lasts beyond one week.
- If you experience pain, swelling, or other unusual symptoms.
- For follow-up appointments or additional treatments if recommended.

Need Help? Contact Us Anytime:

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Huwaran Dental Clinic – Your Partner for a Comfortable, Healthy Smile!